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Michael Janich (Author of Knife Fighting)

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Construction: First, you need to get some cardboard. Put it on top of your big piece of pvc piping and trace a circle around the diameter of the piping onto the cardboard. Cut out the circle then use masking tape to tape it on top of the big piece of PVC piping.

Michael Janich Wooden Dummy - v1docs.bespokify.com

Mook Jong Detailed construction steps, list of materials, CAD drawings and many photos for building a commercial grade wooden practice dummy. This is a serious woodworking project that will require experience and tools to complete in a reasonable amount of time.

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Wooden Dummies - Wing Chun Dummy - Mook Yan Jongs

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